



8 Key Steps
PRAYER JOURNEY

By Patricia Klinedinst



What you are about to read is my life - my prayer life. It is summed up in eight key steps that I incorporate daily as part of my prayer journey.

Praying the steps provided in this booklet will change your life. The steps are simple, yet very powerful. For over twenty years, I have prayed in this manner. Throughout this time, I have been eyewitness to the unseen hand of God and His angels helping me along the way.

As a mother, it is my desire is to see these steps become a part of my sons' lives. Fortunately, they too have seen God's mighty hand at work through these mighty weapons of prayer.

As a minister's wife, these steps have wrought many answers and divine assistance to my husband's ministry as a pastor, evangelist and overseas missionary. There are not words to express the grace and strength a man of God receives when his wife prays.

It is my hope that this book will become a tool to make your prayer life strong, enabling you to stand with faith believing in the battle. We live in a time when prayer is an imperative. And I believe God still answers prayer!

In Jesus Name,
Patricia Ann Klinedinst

8 Key Steps In Your Personal Prayer Journey

By Patricia Ann Klinedinst

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Protection

“The God of My Rock; in Him will I trust; He is my shield, and the horn of my salvation, my high tower, and my refuge, my savior, thou savest me from violence.” (II Samuel 22:3)

When praying for divine protection, it is important to cover the following areas:

Your Life (safety for your physical well being)

Your Home (protection of your stuff, i.e. house, car, valuables etc.)

Your Family (mention each of your family members by name)

Your Travel (anywhere you go, for safe journey and convenience)

You never know when you or your family will need God’s protection on the “battlefield” of life.

In Philippians 4:6-7, Paul teaches us that the key to having peace of mind and comfort is “being careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known to God.”

When you cover “everything” in prayer, you can stand with assurance knowing that you have already invited the Lord’s presence and power into your daily affairs; especially in the event that a crisis or emergency were to happen.

Here are a few scriptures relating to God's protection.
Pray at least one scripture as part of your daily prayer
and meditation.

II Samuel 22:4

Job 5:20-21

Psalms 9:9

Psalms 12:5

Psalms 8:1-3

Psalms 27:1-6

Psalms 32:10

Psalms 34:7

Psalms 46:1

Psalms 91 (whole chapter)

Proverbs 16:6

Dispatching Angels

“The angel of the LORD encampeth round about them that fear Him, and delivereth them.” (Psalms 34:7)

Do you fear God? Do you have a situation that is in need of God’s deliverance? If so, the angel(s) of the LORD is camping around you! So let me ask you ... have you been dispatching your angels? Or, have they been sitting idly by awaiting your command?

Angels are “undercover” agents assigned by God, for your protection and assistance.

They are “*ministering spirits*” specifically sent to help you. And there are no limits in the ways by which they are involved in assisting you throughout the day. The word “angel” means, “messenger.” This is one of the primary purposes of angels. They are sent to speak into our minds encouragement, hope and peace.

Angels excel in strength, keep His commandments, and hearken unto the voice of His word. (Psalms 103:20)

When you speak His word angels are dispatched. And because angels have powers and abilities we humans do not have, they are the best chaperones and bodyguards!

Therefore, it is very important to ask God to send your angels:

- To accompany your family members on daily trips to and from work, school or special excursions.

Example: Lord send my angels with my husband to keep him from harm and cause his hands to prosper in all his affairs today.

- While ministering on the phone to sick or troubled friends and family.

Example: I pray the angels of the Lord will come into your home now and bring peace and comfort to you.

Example: I pray for healing angels to come around and release healing power upon your body.

Example: I send warring angels to protect you. Let the warring angels of the Lord fight for you right now, in Jesus Name.

Praying For Your Mind

“...be renewed in the spirit of your mind.”
(Ephesians 4:23)

Many of life’s battles are fought in your mind; the favorite battleground of Satan.

Strange imaginations often include thoughts rooted in the “spirit of fear,” such as, “I am going to die of a bad disease” or “imagining yourself being harmed in a car wreck or accident.” Any thought emulating from “fear” is from Satan.

“FEAR is an acronym that means,

False

Evidence

Appearing

Real

Paul writes, “For God hath not given us the spirit of fear, but of power, and of love, and of a sound mind.” (2 Timothy 1:7)

Fear will paralyze you. When you are afraid, you will not be able to think or act normally. And this is not the will of God!

Because you are blessed by the indwelling Holy Spirit to live in the power and love of God, you do not have to live in fear!

How do you overcome fearful thoughts?

Here is list of possible fears and worries that the enemy may use against you. To cast out these thoughts, make the following promises a part of your daily prayer and meditation.

When you are experiencing fear, renew your respect/fear of the Lord and “He will deliver you out of the hand of all your enemies.” (II Kings 17:39)

He Promises...

- To keep you from evil (Proverbs 16:6)
- To keep you in his sight (Psalms 33:18)
- Mercy to those who fear him (Luke 1:50)
- To reveal things to you (Psalms 25:14)
- To give you confidence (Proverbs 14:26)
- To supply all your needs (Psalms 34:9)
- A satisfying life (Proverbs 19:23)
- Long life-claim it! (Proverbs 10:27)
- To fulfill your desires (Psalms 145:19)
- Prosperity, honor and life (Proverbs 22:4)

**To bless your children and grand children
(Psalms 103:17)**

Pleading The Blood

“And they overcame him (Satan) by the blood of the Lamb and by the word of their testimony.” (Revelation 12:11)

To overcome Satan and to provide protection BEFORE a crisis arises, the best course of action is to “Plead the Blood!” You can accomplish this by making *pleading the blood* a part of your daily prayer life.

- Plead the blood over your family
- Plead the blood over physical body
- Plead the blood over your church
- Plead the blood over your pastor
- Plead the blood over your city
- Plead the blood over your schools, especially where your children attend
- Plead the blood over your local airport, hospitals, and other community service areas

The blood gives you boldness!

“Having therefore, brethren, boldness to enter the holiest of holies by the blood of Jesus.” (Hebrews 10:19)

Just as it was the blood that gave the High Priest access into the holy of holies to atone for a given situation, person, tribe or the nation, when you “plead the blood” you are recognizing that it is the blood of Jesus that gives you entrance into the Holy of Holies. And in doing so, you release the atoning power of His blood over your circumstance!

There are three elements to keep in mind when “pleading the blood” of Jesus.

- Forgiveness
- Deliverance
- Protection

Forgiveness, deliverance, and protection are what Calvary is all about. They are the elements that bring healing and wholeness into your life and the lives of others. And they are all wrapped up in His blood.

Consider the prophecy of Zechariah, the father of John, concerning the purpose of Jesus, “... that we should be saved (delivered) from our enemies, and (protected) from the hand of all who hate us; to perform the mercy promised to our fathers, and to remember his holy covenant; the oath which he swore to our father Abraham, that he would grant unto us, that we being delivered out of the hand of our enemies might serve him without fear, in holiness and righteousness before him, all the days of our life.”

This passage goes on to tell of John’s mission to “give knowledge of salvation unto his people by the remission (forgiveness) of sins.” (Luke 1:71-77)

Have you ever heard someone say that when you “plead the blood” you are “invoking” the power of the blood?

What is the power of the blood? It is the power of the cross. The blood of Jesus represents the entirety of the cross; all of his suffering for sin and the forty-nine stripes he took for our healing. It is all there in the blood.

When you invoke the power of the blood you are bringing the power of the cross into your situation. The cross is the power of God unto salvation! The love of God, the mercy of God, the grace of God, and the power of God is released through His blood. Wow! How powerful is this! Use this mighty, powerful weapon to overcome the most desperate of situations!

**Oh there is power, power wonder-working
power in the precious blood of the Lamb!**

Spiritual Warfare

“Finally, my brethren, be strong in the Lord, and in the power of his might. Put on the whole armor of God, that ye may be able to stand against the wiles of the devil. For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.”
(Ephesians 6:10-12)

You have a spiritual enemy warring against your soul. Yet, you do not need to fear, because you have mighty spiritual weapons you can use to defeat the enemy! He has given you power to tread on serpents and scorpions and over all the power of the adversary!

“For though we walk in the flesh, we do not war after the flesh: (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;)”
(2 Corinthians 10:3-4)

You have power in the name of Jesus!

You have the power to speak faith, to claim blessings, and to pray in other tongues things greater than the thoughts of your mind.

“Verily I say unto you, whatsoever ye shall bind on earth shall be bound in heaven: and whatsoever ye shall loose on earth shall be loosed in heaven.” (Mathew 18:18)

Here is a good daily practice: Pray against wrong, harm, sickness and disease. Rebuke the devourer and release blessing!

- **WRONG** - manipulation, deception, scheming, lying and jealousy
- **HARM** - physical violence, accidental injury, financial ruin, loss of property
- **SICKNESS** - viruses in the air, severe flu strains, food born illnesses
- **DISEASE** - weakness in your own body, hereditary physical problems

Speaking these things daily in prayer builds a hedge around you and your family.

Remember, you have power over all the power of the enemy. Greater is HE that is in you than He that is in the world.

Spiritual warfare praying includes prayers like these:

- “Lord keep us safe from all wrong, harm, sickness and disease that may come our way.”
- “Lord, I release your blessing upon our finances. I rebuke the devourer in the name of Jesus, so that he may not destroy our harvest.

Praying in this manner is similar to praying the Lords prayer, “Lord lead us not into temptation, but deliver us from evil.” (Matthew 6:13)

You can personalize this prayer by adding your own items to it. You may also wish to say your name or

mention the names of your family and friends as you pray each area.

There are Two Spiritual Warfare Truths:

- Your battle is always for a reason
- Your battle is only for a season.

Praying The Word

“Thy word is a lamp unto my feet, and a light unto my path.” (Psalms 119:105)

The word of the Lord is designed to guide us through life. And, as you know, life is like an unrehearsed movie or an impromptu skit. But thank God we have been given an established, tried and proven script, The Word of God.

And because the Word of God created us and the earth we are put on, Praying the Word will bring direction, power and creativity into our path and daily prayer life.

How do you pray the Word? You ...

- Pray the scriptures you heard taught in Church or Bible study. This helps them come alive in your life.
- Put your finger on the verses in the Bible and claim them.
- Underline the verses and put a date by them when you claim them as your own.
- Pray the promises of God. It is like sowing seed into your future.
- Use phrases like, I claim it, I receive it, I declare it. I speak it. I believe it!

The word of God is territory that must be explored and claimed.

When you speak scriptures in prayer you are coming into agreement with God. You are releasing His power to perform His Word.

“For the word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.” (Hebrews 4:12)

John 1:1 says, “In the beginning was the Word the Word was with God and the Word was God.” That means, “His Word is alive!” It is powerful and it can pierce through any situation.

His Word can be planted into the deepest portions of our spirit and soul. And it can uproot the strongest of strongholds in our soul too.

His Word is a light that reveals the hidden parts of situations you don't see.

The scripture teaches us that Satan himself can be transformed into an angel of light, yet his light is deceptive. To avoid his light of deception, pray for a “love of the Truth.”

Having a “love for the Truth” is very important to protect you from deception, a strong spirit in the world today.

When you love Truth, you love doctrine.

When confronting people or institutions bound by false doctrine you can pray this prayer: “I take authority over the spirit of error and false doctrine

and I loose the power and the revelation of the Oneness of God.”

For it is written, “they that have erred in spirit shall come to understanding and they that have murmured shall learn doctrine.” (Isaiah 29:24)

Quoting and speaking forth scripture that contains doctrinal revelation binds spirits of error and looses the spirit of revelation.

Praying the Word is your sure footing in every road you travel.

The Favor Of God

“For his anger endureth but a moment; in his favour is life: weeping may endure for a night, but joy cometh in the morning.” (Psalms 30:5)

Obtaining the favor of God could preserve your life and deliver your family.

Isn't it interesting that in days of old, similar to today, a man and his family was preserved and delivered because favor could be found with God.

“But Noah found grace in the eyes of the LORD.”
(Genesis 6:8)

- Grace is God's favor toward mankind.
- We all need God's favor. You need God's favor
- We all should pray for God's favor
- Not everyone has the favor of God on their life, but everyone can have the favor of God
- Every believer has a certain degree of God's favor operating in his/her life

In fact, God's favor was more important to Moses than God knowing his name!

In Exodus 33:12-13 we hear the heartbeat of his prayer, “LORD ... thou has said, I know thee by name, and thou has also found grace in my sight. Now therefore, I pray thee, if I have found grace in thy sight, shew me now the way, that I may know thee, that I may find grace in they sight... And the LORD said, My presence shall go with thee, and I will give thee rest.”

God’s presence and rest accompany His favor. And it sets you apart from those of this world.

“For wherein shall it be known here that I and thy people have found grace in they sight? Is it not in that thou goest with us? So shall we be separated, I and thy people, from all the people that are upon the face of the earth.” (Exodus 33:16)

You should not only pray for favor, but also live your life in a manner that brings the favor of God upon you.

In your moments with God:

- Happy Moments - Praise God
- Difficult Moments - Seek God
- Quiet Moments - Meditate on God
- Painful Moments - Trust God
- Every Moment - Thank God

You can obtain Favor by:

- Praying unto the Lord - (Job 33:26)
- Keeping His commandments (Proverbs 4:1-4)
Seeking and finding God’s wisdom (Proverbs 8:35)
- Diligently seeking good (Proverbs 11:27, 12:2)
- Living righteously (Proverbs 4:9)

The benefits of God's Favor are:

- The granting of your petitions (Esther 7:3)
- God compassing you with His shield (Psalms 5:12)
- Receiving life (Psalms 30:5)
- Your enemies not triumphing over you (Psalms 41:11)
- His mercy towards you (Psalms 119:58)

When you pray favor it will follow you!

Anoint With Oil

“And it shall come to pass in that day, that his burden shall be taken away from off thy shoulder, and his yoke from off thy neck, and the yoke shall be destroyed because of the anointing.” (Isaiah 10:27)

Anointing with oil was a common biblical practice that continues to be an effective practice, even today. In ancient days people, places and things were anointed with Holy Oil.

The ceremony of anointing with Holy Oil was symbolic in making a person, place or thing sacred. This type of “anointing” means, “to set apart or dedicate for use unto our creator.”

When you want something to be “special” by adding spiritual value to it you “anoint it with oil.” Once anointed, it becomes sanctified (set apart) for a Holy purpose.

Here is a list of some things you can anoint:

- A prayer closet (space) in your home
- Your home, car, clothes, wallet, purse
- Equipment or other possessions used for ministry
- A business and/or materials used to help finance ministry
- Prayer cloths, mail, etc.

Anoint with Oil ...

- When you feel like you are stuck in a rut and not getting anywhere spiritually
- When there is too much confusion or arguing in your home. (Sometime guests bring spirits into your house.)
- For protection and blessing
- Windows, doors and locks
- Your wallet or purse
- Your prayer shawl or rug
- Your children

The more people, places and things you Anoint with Oil and set apart unto the LORD, the more you will experience the presence and power of the Holy Spirit working in your home, your church, and your business!

Watch it break every yoke, heal the sick, and change even the most difficult situations in your life!

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